

### What is the PE and Sports Premium Funding?

The government is providing funding of over £450 million per annum for academic years 2013-2022 to provide new, substantial primary school sport funding. This funding is being jointly provided by the Departments for Education, Health and Culture, Media and Sport and will see money going directly to primary school head teachers to spend on improving the quality of sport and PE for all their children. The sport funding can only be spent on sport and PE provision in schools.

#### **Purpose of funding**

Schools have to spend the sport funding on improving provision of PE and sport but they will have the freedom to choose how they do this.

The vision for the Primary PE and Sport Premium: ALL pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

The funding has been provided to ensure impact against the following **OBJECTIVE:** To achieve <u>self-sustaining improvement</u> in the quality of PE and sport in primary schools. It is important to emphasise that the focus of spending must lead to long lasting impact against the vision that will live on well beyond the Primary PE and Sport Premium funding.

#### It is expected that schools will see an improvement against the following 5 key indicators:

Key Indicator 1: the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school. Key Indicator 2: the profile of PE and sport is raised across the school as a tool for whole-school improvement. Key Indicator 3: increased confidence, knowledge and skills of all staff in teaching PE and sport. Key Indicator 4: broader experience of a range of sports and activities offered to all pupils. Key Indicator 5: increased participation in competitive sport.

### The school has been receiving the funding since 2013.

Key achievements to date:	Future Ideas and Development areas beyond 2023.		
• A sustained high number of pupils have been involved in competitive situations at Level 1,2 & 3. Between 2015-2019 we earned a place in over 10 county finals per year (sadly this has not been able to take place in the last two academic years due to COVID).	<ul><li>by all teaching staff (ensure consistency).</li><li>Continue to develop the CPD needs of all staff teaching the PE curriculum, in particular</li></ul>		
<ul> <li>As a school, we have represented Staffordshire at 4 regional finals in the last three years.</li> </ul>	<ul> <li>gymnastics.</li> <li>Further develop our provision of the swimming curriculum to ensure an increase in</li> </ul>		
<ul> <li>In 2019, some of our pupils competed at a National Final (in Girls Football)! We were hoping to get this far again in 2019-2021 and will aim for this as soon as we are able to</li> </ul>	end of KS2 expectations.		
<ul> <li>again.</li> <li>School has achieved the silver School Games Mark for the sixth year running. This</li> </ul>	• Further involve parents in understanding the importance of an active, healthy lifestyle via newsletters and parental involvement days.		
shows the consistency of provision on offer within the school, the range of competitions that the children have access to and the wide range of extra-curricular	Fully integrate Forest School into our curriculum.		
activities available to all pupils. We also meet a lot of the criteria for Gold (particularly though competition).	<ul> <li>Staff who have completed the Forest Schools training and Level 5 qualification to support other members of staff and share expertise.</li> </ul>		
• A curriculum map (along with core activities to support it) and assessments for PE are now in place across the school in line with the new PE curriculum. The new schemes	• Enrich the curriculum with alternative sporting activities and days.		
<ul> <li>will continue to be used in future years.</li> <li>The confidence and knowledge of staff members has been improved, giving them the</li> </ul>	<ul> <li>Develop playground games and use of Forest School activities e.g. bug hunts, bubblesetc</li> </ul>		
confidence to deliver the curriculum across the key stage in future years.	Create intra-house competitions thought out the year.		
<ul> <li>Through activities planned throughout the year including enrichment days &amp; award ceremonies, the profile of health and meeting recommended daily activity levels has been raised.</li> </ul>			
• Developments within lunchtimes and additional extra-curricular clubs on offer to pupils has led to increased participation, fitness levels and enjoyment for pupils.			
• Pupil sports leaders continue to be trained up to lead and organise events in school alongside the lunchtime staff.			
Staff and pupil confidence and their ability to lead events and activities is sustainable			

	and will be something the school builds upon as part of next year's plan.
•	Activities pupils have enjoyed and found they want to continue with, in or out of school, has led to sustainable attitude change and increased present and future participation.
•	Staff have received Forest School training and we are beginning to integrate this into the wider school community.
•	School facilities and equipment have been improved to incorporate more opportunities for competition. For example, netball markings and netball and extra football goals.
•	This year we have begun our journey towards healthy snacks at Fulfen. The children are beginning to understand the benefits of healthy snacks and starting to make better choices.
•	As a school we have run community events for example Race for Life (parents have been included where possible).
•	The profile of health and wellbeing has been raised, particularly amongst staff this year.
•	Develop skills of lunchtime supervisors and playground leaders to create 'active zones' which will promote an active lifestyle and reduce behavior incidents.
•	Continue to raise awareness of emotional wellbeing for both staff and pupils.
•	Aim to achieve the Gold School Games Mark.

#### **PE Curriculum**

- Pupils look forward to and enjoy PE lessons and physical activity.
- Broad balance of sports and activities provided to all key stages, including the core areas of: dance, gymnastics, athletics, games, swimming and outdoor and adventurous activities.
- Access to Forest School ethos across the school.
- High quality P.E curriculum due to staff CPD and developed specialisms.
- Teachers/coaches challenge all pupils.
- Aim for two hours of P.E per week.
- P.E leader is highly skilled and able to motivate other staff.
- Assessment in place to monitor (and celebrate) progress and achievement of pupils.
- Excellent range of equipment available.
- The context of sport is used across the curriculum and is integrated into the school ethos.

# Links to wider community/clubs/facilities.

- Fulfen has a high profile in the wider community.
- Good links with local clubs visits in and out of school.
- Strong links with local schools.
- Enrichment days.
- Parent involvement regular newsletters.
- Sport achievement assemblies.

### Extra-curricular provision

- Opportunities for *all* pupils to find exercise that they can enjoy and continue outside of school.
- High level of attendance at the wide range of clubs for both KS1 and KS2.
- High level of children competing in a range of sports at levels 1-4.
- Wide range of intra-school competitions for KS1 and KS2.
- Curriculum, after school clubs and competitions work in cohesion with each other.

## FULFEN PRIMARY SCHOOL VISION FOR PE AND SPORTS

## Outcomes: All pupils will leave the school...

- Physically literate and with the knowledge, skills and motivation necessary to equip them for lifelong participation in physical activity and competitive sport.
- With a good understanding of healthy lifestyles (including good mental wellbeing) and how exercise is a part of that.
- Having found a life-long love of healthy exercise to suit them.
- Knowing how to take part in PE safely.

# Health of pupils and school community

- Staff and pupils have excellent awareness of health and safety aspects in PE and school sport.
- Core skills of self-esteem and mental wellbeing developed through mindfulness and yoga activities (which also support physical development).
- Use of a variety of resources to encourage healthy lifestyle choices and healthy meals and snacks across the school.
- Active children at least 60 minutes a day (30 minutes during the school day). This is supported through active lunchtimes, active lessons and active homework bags.
- Explicit links made between the PE and Science curriculum (healthy eating, pulse rate, muscles, skeleton).

# Links to whole school improvement.

- PE and sport is a central part of the school development plan.
- Improved mental and physical health means increased concentration and focus in other lessons.
- Developed fine and gross motor skills help in other areas of the curriculum.
- PE gives opportunities for pupils to develop social skills and resilience and build self-esteem through team games and competition.
- PE leader has the support of the Headteacher, staff, parents and governors.

# Amount of Grant Received – <u>2022/23 - £16,000 + £10 per pupil</u>

Area of Focus	Amount spent	Impact	Sustainability
Improve the quality of teaching and learning in PE and develop the curriculum To review curriculum and develop staff confidence in teaching PE. To raise the profile and importance of PE within the school and school community. Key Indicator 3 Key Indicator 2	£2,745 - subjectpackage (£995) PENetwork Meeting +gymnastics 4 days(£1,750)£892- Supply coverfor training/CPD(4.5 days)£700- Swimming£3500- PEEquipment£7,350- ExternalSports Providers(PPA andlunchtime)£195- Service andrepair gymequipment£200- Forest SchoolSafety andequipment	Reviewed curriculum and activities in place and pupils report high level of enjoyment. Most children at Fulfen love their PE lessons. A detailed Curriculum map has been created and uploaded onto the school one drive. When teachers are teaching their own PE lessons, planning is now available so that all classes are consistent. There has been increased engagement with extra-curricular activities with pupils being able to access a great range of activities. School, PE leader, and the rest of the staff remain up to date with latest guidance and best practice in the subject through sharing ideas and this ensure the best possible impact and outcomes for pupils. Pupils feedback expresses their enjoyment and engagement in lessons and this continues to improve self-esteem, knowledge of the importance of being active, love of PE and living a healthy lifestyle.	PE is a well-managed and well led subject. Staff delivery and confidence to teach high quality has improved so that future pupils benefit from well taught lessons and the positive outcomes that come from this. Key stakeholders of the school understand and support the subject and this has become part of the whole school ethos and is something that is highly valued.
Improve the health and wellbeing of pupils & staff To continue to develop lunchtimes: increasing the range of activities on offer and physical activity for pupils. To develop pupils' and staffs mental health and wellbeing to enhance and develop key life skills and support staff emotionally at work.	£5,000- Lunchtime Sport Support	Through improved lunchtimes pupils are more active and engaged. There are fewer behavioural incidents and pupils are developing their skill levels. Lunchtime Playleaders have been trained and at least 2 pupils are on both playgrounds every day. Pupils now have more activities to do and resources are being organised.	Activities at lunchtime will continue to be offered and developed. Staff and pupils will continue to use strategies for emotional health and well-being and these will be embedded into practice and have a long term impact on their ability to deal with challenging situations. Life skills developed will staff with pupils in future years and these

To continue to develop forest school area and activities to promote mental wellbeing. Key Indicator 1 Key Indicator 4 Key Indicator 5		Zones have been created on both playgrounds to encourage active play. As a result of developments there are less accidents at lunchtime. Constructive playtimes with equipment Through participation in regular outdoor learning and forest school activities pupils have developed a love of the outdoors and nature and are developing their life skills including trust, respect, teamwork and communication.	opportunities within the curriculum will continue to be offered to pupils in suture year groups.
Competition & Community To improve opportunities for pupils to compete and develop key life skills. Key Indicator 4 Key Indicator 5	£800- Dance lessons/ Cheerleading	Calendar of competitions clearly mapped out and fits well to current curriculum overview and extra-curricular clubs on offer for pupils. Pupils this year have really enjoyed opportunities on offer and have performed well in the competitions entered – notably Sportshall, Boccia, Netball, Cross Country and Football.	Pupils' wider skills learnt though competitive situation's and collaborating with others will stay with them. Calendar of events and opportunities will carry on in future years so others will have similar experiences and opportunities.

## Swimming at Fulfen Primary School

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
Percentage of Year 6 pupils who could swim competently, confidently and proficiently over a distance of at least 25 metres when they left primary school at the end of last academic year?	84%
Percentage of Year 6 pupils who could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	79%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	82%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	Looking into this for next year.